

Potential Gambling Problem Survey

The information below is provided as a reference only. If you experience any problems or have any questions, please contact *Soundside Wellness Consultants* at *850-226-8585*.

This questionnaire is used by Gamblers Anonymous to help determine if a person has a gambling problem. According to their material, most compulsive gamblers will answer yes to at least seven of the following questions. Keep in mind this is for reference only and you should consult a professional when seeking help for any addiction.

	YES	NO
1. Did you ever lose time from work or school due to gambling?	<input type="checkbox"/>	<input type="checkbox"/>
2. Has gambling ever made your home life unhappy?	<input type="checkbox"/>	<input type="checkbox"/>
3. Did gambling ever affect your reputation?	<input type="checkbox"/>	<input type="checkbox"/>
4. Have you ever had remorse after gambling?	<input type="checkbox"/>	<input type="checkbox"/>
5. Did you ever gamble to get money with which to pay debts or Otherwise solve financial difficulties?	<input type="checkbox"/>	<input type="checkbox"/>
6. Did gambling cause a decrease in your ambition or efficiency?	<input type="checkbox"/>	<input type="checkbox"/>
7. After losing, did you feel you must return as soon as possible to win back your loses?	<input type="checkbox"/>	<input type="checkbox"/>
8. After a win, did you have a strong urge to return and win more?	<input type="checkbox"/>	<input type="checkbox"/>
9. Did you often gamble until your last dollar was gone?	<input type="checkbox"/>	<input type="checkbox"/>
10. Did you ever borrow to finance your gambling?	<input type="checkbox"/>	<input type="checkbox"/>
11. Have you ever sold anything to finance your gambling?	<input type="checkbox"/>	<input type="checkbox"/>
12. Were you reluctant to use gambling money for normal purchases?	<input type="checkbox"/>	<input type="checkbox"/>
13. Did gambling make you careless of the welfare of yourself or family?	<input type="checkbox"/>	<input type="checkbox"/>
14. Did you ever gamble longer than you planned?	<input type="checkbox"/>	<input type="checkbox"/>
15. Have you ever gambled to escape worry or trouble?	<input type="checkbox"/>	<input type="checkbox"/>
16. Have you ever committed, or considered committing, an illegal act to finance gambling?	<input type="checkbox"/>	<input type="checkbox"/>
17. Did gambling cause you to have difficulty sleeping?	<input type="checkbox"/>	<input type="checkbox"/>
18. Do arguments, disappointment, or frustrations create within you an urge to gamble?	<input type="checkbox"/>	<input type="checkbox"/>
19. Did you ever have an urge to celebrate any good fortune by gambling?	<input type="checkbox"/>	<input type="checkbox"/>
20. Have you ever considered self-destruction or suicide as a result of gambling?	<input type="checkbox"/>	<input type="checkbox"/>